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UP – Developing Your True Professional Self

For ICF Level 1 Graduates

Part of Bossert Integrated Academy
(ICF Level 2 Program) – Cohort 16

Curious to learn about the program?
Click here to book a call with us

Your fast track from Level 1 to Level 2 and PCC

Our 65-hour UP Program is a focused pathway for Level 1 graduates who want to complete their Level 2 education – while learning inside an established Bossert Integrated Academy (Level 2) cohort.

Is UP Program right for you?

- ✓ Completed an ICF Level 1 program (Our Foundation of Coaching Program)
- ✓ Ready to develop your coaching toward PCC level
- ✓ Looking for advanced practice and professional coaching

Admission is subject to verification of previous coach education and seat availability.

A focused pathway – without missing the cohort experience

You join the advanced phase of our BIA Program – not a separate, isolated top-up course.

Learn together

Build meaningful relationships with an elite participant group.

Practice in person

Experience live demonstrations, supervised coaching and immediate feedback

Broaden your perspective

Learn from diverse coaching styles, experiences and professional backgrounds

UP Program - 65 hours

Bossert Integrated Academy (BIA Program) – 125 hours



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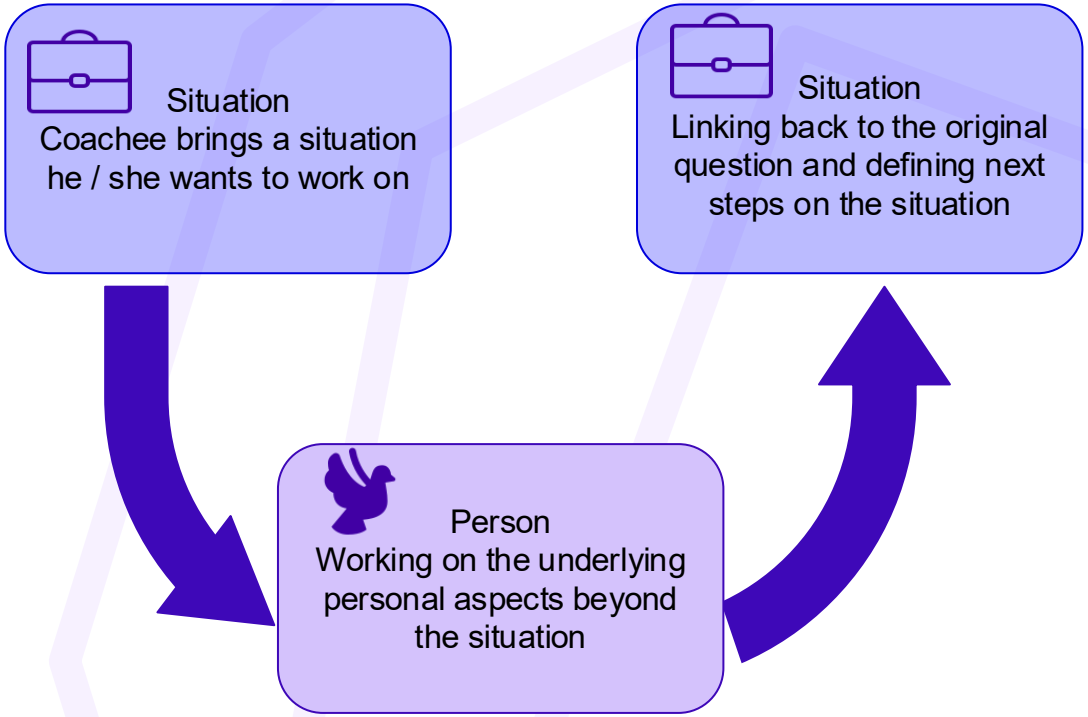
Our philosophy - true development of the individual

Our coaching approach lifts the situational issue to the personal level. Thereby we drive a true personal development which enables the coachees to not only master the situation they'd like to solve right now, but to also discover themselves and develop tools so that they can efficiently handle new challenges that may arise in the future.

This approach requires a true interest in the person you are coaching and an extended understanding of inner dynamics.



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A wide network for lifelong success

Inspiring community of 400+ alumni

Connect with a highly-impressive community of international leaders & coaches.

Exclusive Access & Global presence

Private LinkedIn group with fruitful content, skills building, supervision, networking and inspiring talks. Active hubs in big cities in Europe e.g. Munich, London, Zürich, Amsterdam etc.

Regular local meetings

Transition from digital networking to real-world impact with regular face-to-face gatherings



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Our alumni say …

"Very intense. Very professional. Very demanding. Extremely fun."

"What is my biggest takeaway from this course? Rediscovering myself with great teachers in an extraordinary team."

"I came with the desire to become a coach and left as deep believer in people and their ability to grow. Thanks to the passion of Katja and her team, I turned into a person I never expected to be able to grow to" – Kristin Kollert

Highly professional school with outstanding trainers, going the extra mile because they personally fully believe in what they are doing. … In addition to the pure diploma, you get a personal journey with eye-opening experiences that are very valuable.

Bossert Academy faculty of BIA program



Katja Bossert
Coach Trainer – Mentor Coach

- Founder of the Bossert Academy, MDP of Bossert Associates
- Executive coach specializing in leadership & career development
- Recognized for developing female leaders and supporting their advancement in major organizations



Anna Inama
Coach Trainer – Mentor Coach

- Executive Coach, Coach Trainer, ICF Mentor Coach and Supervisor
- Specializes in leadership transformation, high-performing teams, strategy and vision
- Holds a master's degree in Organizational Development, complemented by psychological and intercultural expertise



Yda Bouvier
Coach Trainer

- Senior executive coach at Yda Bouvier Ltd
- Specialist in neuroscience and how insights from this field can be translated into practical application for leaders
- Deep business background, MIT Sloan alumna
- Author of Leading with the Right Brain



Kathleen Lambrechts
Coach Trainer – Mentor Coach

- Executive coach with a legal and corporate background
- Leadership facilitator specializing in resilience and psychological safety
- Experienced in supporting leaders working in high-pressure environments



Dr. Götz Schmidt-Bossert
Coach Trainer

- Executive Coach & architect of Bossert Associates' leadership programs
- Brings 20 years of experience as an entrepreneur and organizational leader
- Integrates agility and innovation with a philosophy of individual freedom

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Five required elements complete your 65-hour top-up

①	Workshops – 1 x 30 hrs + 1 x 22 hrs (including 1 observed coaching sessions with written competency-based feedback) [1]	52 hrs
②	Group Mentoring Coaching 2 x1.75 hrs Group Mentor Coaching	3.5 hrs
③	Self-study and essay	3.5 hrs
④	External coaching	5 hrs
⑤	Cumulative development review	Min 1 hr

Σ 65 hrs

A focused top-up within the full BIA Program

Develop your coaching through observed practice, competency-based feedback, self-reflection and clear development steps.

Your progress is documented throughout the program and concluded with a cumulative review and recommendations for continued practice.

MORE BIA, IF YOU WANT IT

UP Participants may join other BIA elements – such as Workshop 1, one Individual Mentor Coaching (IMC) or the peer-study group – subject to coordination with the BA team and cohort.

[1] Each formal observation includes a short pre-session reflection, a fuller post-session reflection and a confirmed next development step.

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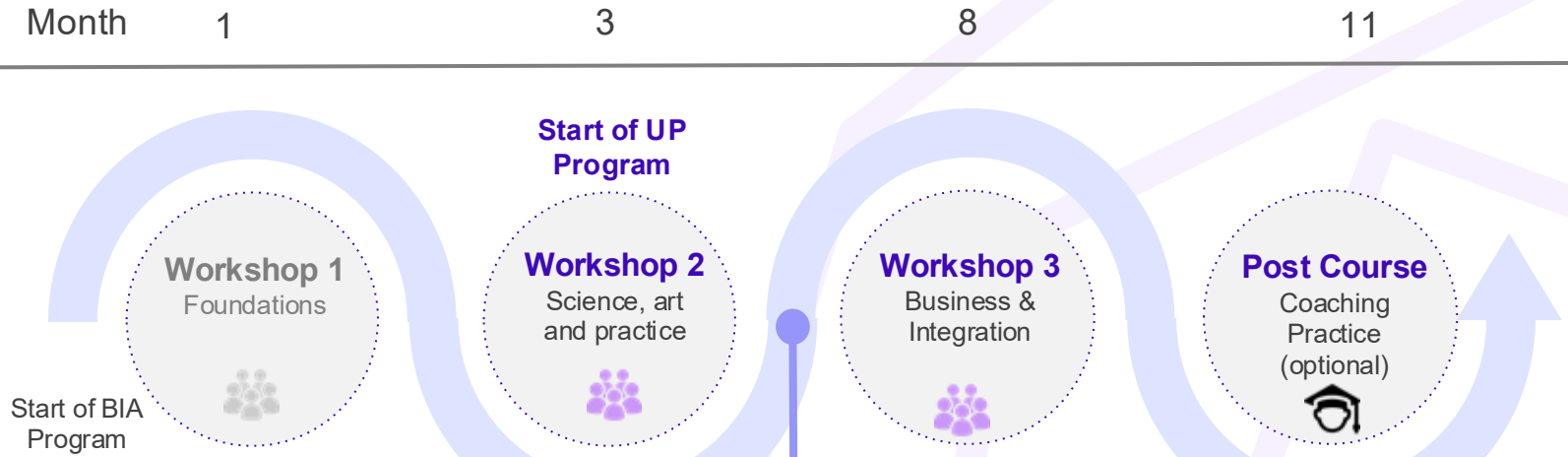
Course timeline - 65 hours as part of our BIA 125 hours



52 hours classroom

GMC 3 & 4 + (Optional) 1x IMC

Min. 5h External Coaching

Self Study (BA learner's portal); Essay; Cumulative Development Review

(Optional) Peer group study

13 hours remote, self-organized

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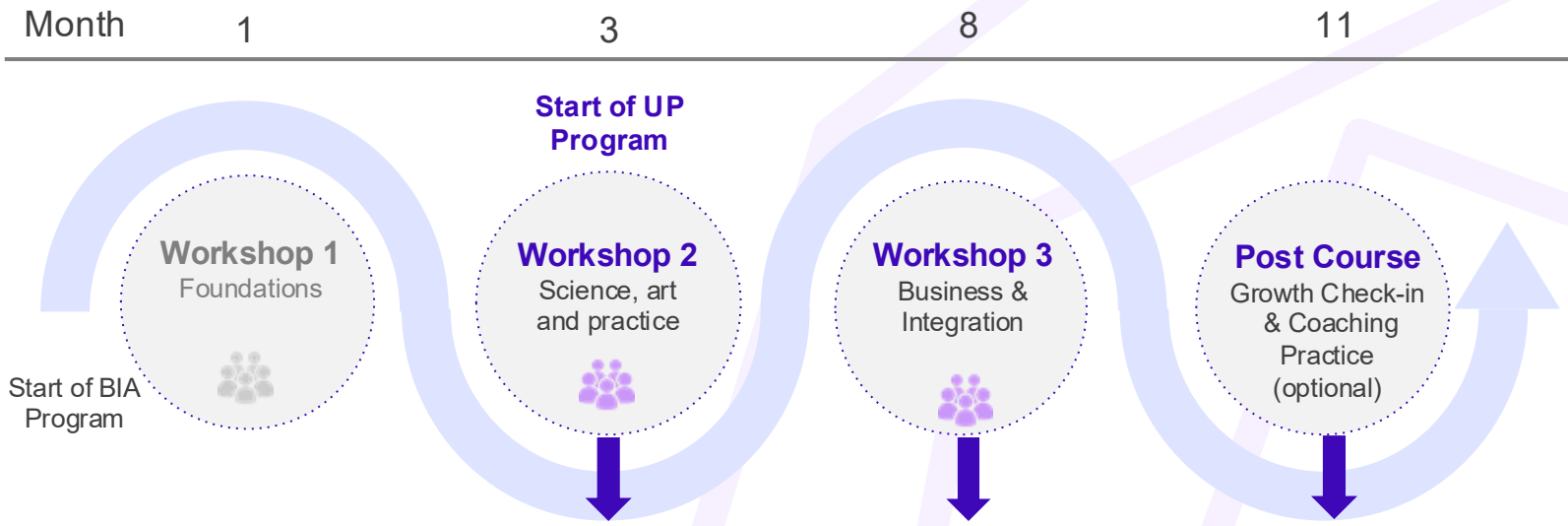
Course content



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Workshop dates





Jan 27 - 30, 2028
(Thu - Sun)

4 days of in-person coaching at
Munich Learning Villa

Jun 22 - 24, 2028
(Thu - Sat)

3 days of in-person coaching at
Munich Learning Villa

* The workshops only demand your absence during 3 business days. Running from 9-18 for day 1,2,3 and 9-15:00 for day 4 (or day 3 of WS3).

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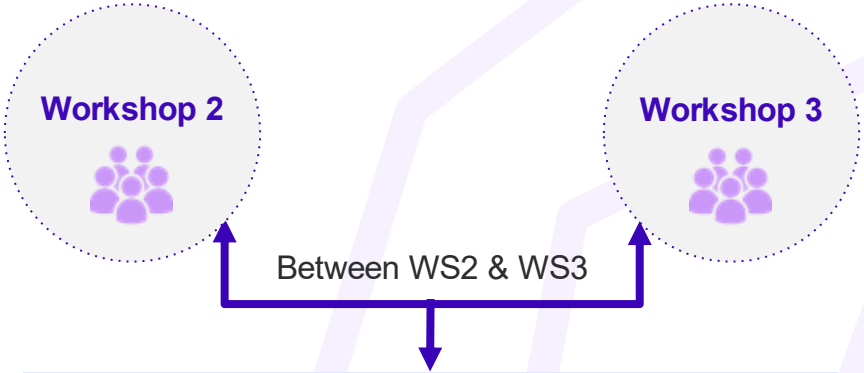
IMC and GMC dates (Virtual)



GMC 3 (1.75 hrs):
Mar 7, 2028, 16:00 or Mar 9, 2028, 9:00

GMC 4 (1.75 hrs):
Mar 7, 2028, 16:00 or Mar 9, 2028, 9:00

(Optional) IMC (1 hr):
Hand-in date: May 12, 2028
IMC call: between May 16 – 18, 2028 (tbd individualy)

*Final dates for IMC calls to be decided based on participant preference

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Investment

Training Fee:

EUR 7.500 net*
No VAT will be added**

Training fee (or 1st instalment) to be paid before workshop 1.

- Location: Workshops 2 and 3 take place at the BA Learning Villa in Munich.
- Accommodation: Participants arrange their own accommodation. Staying near your peers is recommended, and we will connect you to coordinate bookings.
- Meals: Snacks and drinks are provided. Meals are not included; we will coordinate group lunch deliveries.
- Additional costs: Travel, accommodation and meals are not included in the training fee and must be covered by participants.
- Special arrangements: Payment by instalments, academic discounts and other individual arrangements may be available upon request.

*Special conditions are possible (payment in installments, academic discounts, special arrangements)
**Bossert Associates is exempt from VAT for these courses under § 4 No. 21 a) bb) UStG, as recognized by the Government of Upper Bavaria.

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Workshop location - BA Learning Villa in Munich



Focused workshop space

A welcoming place to learn together

BA Learning Villa in Munich-Großhadern combines focused learning spaces with the warmth of a private home – close to the city centre and nearby hotels.

PRIVATE SETTING

Space for immersive workshops

LEARN TOGETHER

Practice, exchange and connection

CENTRAL MUNICH

Easy access to hotels and transport



Relaxing private backyard



Informal time between sessions

VISIT US

Bossert Associates GmbH
Toemlingerstraße 19 | 81375 Munich



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Your pathway from Level 2 education to ACC or PCC



With UP Program, you will get to ICF Level 2 Coaching Education, which fulfills the education component for both credentials.
After graduation[1], complete the required coaching experience and ICF credentialing exam.

ACC Pathway	**Coaching experience** **100 hrs** (75 paid[2])	**1.5-hour online ICF Credentialing Exam[3]** ICF Member: 175 USD Non-Member: 325 USD	ICF ACC Associate Certified Coach ICF Credentials & Standards
PCC Pathway[4]	**Coaching experience** **500 hrs** (450 paid[5])	**3-hour online ICF Credentialing Exam[3]** ICF Member: 375 USD Non-Member: 525 USD	ICF PCC Professional Certified Coach ICF Credentials & Standards

1. Minimum 75% attendance is required for graduation.
2. 75 paid hours, at least 8 clients, and 25 hours within the 18 months before applying. Paid hours may include salary or reduced-fee coaching. Hours count from the start of the coaching education program, excluding coaching hours that already counted within the 125 hours of the program.
3. ICF exam retake fee: USD 105.
4. ACC is not required before applying for PCC. ACC holders applying for PCC need 400 additional hours, including 375 paid.
5. 450 paid hours, at least 25 clients, and 50 hours within the 18 months before applying.
6. ICF requirements, fees and exam formats may change. Verify current information directly with ICF before applying.

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Registration

Two steps to join our BIA program

01

Book a free discovery call

Curious about coaching but not yet sure it is for you? In a relaxed, no-obligation call with Katja, explore what coaching could mean for you and how it might support your personal or professional journey.

Click here to book your discovery call

02

Register & secure your seat

Complete the online registration to secure your seat. Places are allocated on a first-come, first-served basis.

Click here to register now

As we secure seats on a first-come, first-served basis, you may also register first to secure your seat, then book a short chemistry call with Katja to confirm mutual fit.

Registration is possible until the first workshop, including after the pre-program call, subject to availability.
Questions? Contact us at academy@bossert-associates.com

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Appendix: Workshop contents in detail

Workshop #	Content delivered
Workshop 1 Foundations	Definitions of coaching, Roles and responsibilities in coaching, Active listening, EQ, Transactional analysis Overview on coaching competencies by ICF Practice in detail on Coaching Agreement, Trust and Presence, Ethical code (cases) and coaching mindset, Facilitating client growth First understanding of creating awareness Other: Group contracting, observed coaching practice for all, Peer study group formation, demo coaching by 2 master/professional coaches
Workshop 2 Science, art and practice	ICF Competencies: Creating Awareness and Designing Actions, Planning and Goal Setting (tools). Managing Progress and Accountability. Brain science: the brain and stress (performance curve), left brain and right brain, creativity tools in coaching, neuroplasticity, brain and body- tools in coaching. Coach maturity by Clutterbuck, coach identity and coaching styles, your Why-What-How (Sinek) Other: coaching practice with brain science tools. One day of supervised coaching practice. Mindfulness practice with link to brain science. [Optional] Demo coaching from 4th master coach. 'Philosophy of Coaching' speech along with BA Alumni in Munich
Workshop 3 Business & Integration	Further observed coaching practice (supervised coaching with external clients); Integration of feedback across the eight ICF competencies; Cumulative development review; Executive and organisational coaching; Recommendations for continued practice. Coaching identity and business development. Credentialing guidance; Closing ritual.

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